



\* At extra cost it is possible to increase the number of participants.  
\*\* At extra cost it is possible to conduct the game in German.

*Let's reach the summits together!*

The Tatra Mountains – the highest mountain range in the Carpathian Mountains – are one of the biggest tourist attractions of the region for both summer and winter months. The mountain range, extending over nearly 80 km from west to east, is a natural border between Poland and Slovakia, located in the south. The peaks of these beautiful mountains, covered with snow all year round, always attract large numbers of lovers of high-altitude tourism. Take part in an extreme expedition to the Polish Tatra Mountains and become a part of the alpinist community.

#### The game for:

- people who like to spend their free time actively, for those interested in high-altitude mountaineering
- groups wishing to build relationships through extreme experiences
- teams ready to practise their cooperation skills in a team in difficult conditions

#### Challenge:

During an adventure programme, “Tatra Mountains Challenge”, you will have the opportunity to take part in an expedition to the highest mountains in Poland. During a few days spent in the Tatra Mountains, you will undergo a training session and training under the expert eye of experienced mountain rescuers and then participate in a rescue operation. After hearing the S.O.S. signal, you will be divided into smaller teams and start your expedition to find the casualties and transport them to a safe place on the basis of traces and clues, and performing different tasks. The route will be individually adjusted to the amount of time and skills of each group. Regardless of the route, during the trek you will have the opportunity to admire breathtaking views, overcome your own barriers and limitations.

The reward will be satisfaction and the taste of victory. In the evening, while drinking tea near the fireplace, you will feel the unique atmosphere of the hostel...

#### Logistics:

- on customer request, we organise renting equipment, accommodation and food
- depending on the expectations, we can prepare a longer or shorter stay and a route adjusted to different levels of the participants' interests

#### Advantages:

- a natural school of cooperation in extreme conditions
- an exciting team experience that builds trust
- getting to know the natural values of the region

#### Variants / Extensions:

- for employee teams, we can enrich the programme with the teambuilding workshops, conducted in the evenings
- as part of an additional attraction, we can arrange an inspiring meeting with famous alpinists, organise a sleigh ride with torches or a bonfire on the glade with a highlander music band that will present folklore of the region

#### The game through the eyes of the participants:

„Up there, the world looks completely different.  
It was worth the effort.”

„During 3 days of the expedition we became closer to one another than for a year of working in one team.”

*Mountains make sense only when there is a man with his feelings, experiencing failures and successes. And when he takes something from these experiences to the valleys.*

Andrzej Zawada

